

# **25 Quick, Easy, Low Sugar & Family Friendly Protein Bars, Cookies & Muffins (Busy But Healthy Recipe Book Series 1) [Kindle Edition] By Kristine Fretwell**

**By Kristine Fretwell**

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Apr 11, 2015 Kristine Fretwell - e-book author, " 25 Quick, Easy, Low Sugar & Family Friendly Protein Bars, RECIPE: Healthy Gluten-Free Pumpkin Bars;

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